

# Practice

## Do life in community

Jesus' call to community isn't a theory or an idea, it's a practice — a relational way of doing life together.

Jesus would preach to crowds of thousands, but he spent most of his time with a small circle of disciples, in homes and around tables.

It's important to worship in church on Sunday and be part of a larger community, but it's just as important to know and name your "twelve" and your "three." To cultivate spiritual friendships that last for years.

So our final practice is to identify our intentional community and begin to meet with them regularly.

**01 Identify a community to meet with regularly.**

**02 This community could be with just one or two others, or a dozen or even more.**

**03 We recommend you meet weekly, but it could be bi-weekly or monthly.**

**04 We also recommend you share a meal when you meet. The act of "breaking bread" is central to the Christian way. Something powerful happens when we eat together.**

- But remember, there's no one "right" model for you to follow. You may choose a house church with 20 kids running around a backyard on a Sunday afternoon or a small triad for group spiritual direction early in the morning.
- We encourage you to follow the pathway of your church — whether in a small group, table community, or house church, or a women's or men's Bible study.
- You could follow this Course with any of the nine Practices available from Practicing the Way, share a weekly meal and pray for one another, or work through more free resources from BibleProject, like the following:
  - Reflections mini-cast with discussion questions: [bibleproject.com/podcasts/reflections](https://bibleproject.com/podcasts/reflections)
  - Reading plans: [bibleproject.com/reading-plans](https://bibleproject.com/reading-plans)
  - Heavier classes: [bibleproject.com/classroom](https://bibleproject.com/classroom)